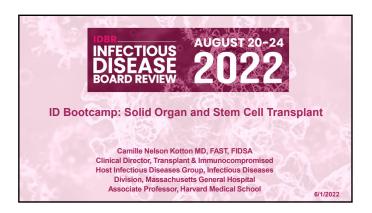
Speaker: Camille Kotton, MD





Outline: What I Hope You Will Learn

- · Type of immunosuppression seen with organ transplant
- · Timeline of infection
- · Prevention is paramount
- · Gaps in prophylaxis help develop the differential diagnosis
- Syndromes
- · Differential diagnosis is broad, imperative to obtain diagnosis
- · Treatment including drug interactions
- · Latest strategies for prevention, recognition, diagnosis, and treatment
- · Best practices for safety and practice improvement
- · Bootcamp: meant as an introduction to subsequent similar talks

The More Immunocompromised Host

- Hematopoietic stem cell transplant (HSCT) < 2 years
- Solid organ transplant (SOT) < 1 year
- · AIDS with low CD4 counts
- · Active leukemia or lymphoma, generalized malignancy, aplastic anemia, recent radiation tx
- · Congenital immunodeficiency
- Immunosuppressive medications
- Chronic hepatic or renal disease, diabetes
- Autoimmune diseases

https://wwwnc.cdc.gov/travel/yellowbook/2022/travelers-with-additional-considerations/immunocompromised-travelers, Kotton, Kroger, Freedman

The Less Immunocompromised Host

- Stem cell transplant recipients > 2 years post-transplant, not on immunosuppressive drugs, no graft versus host disease
- Chemotherapy for leukemia/lymphoma or cancer more than 3 months earlier with malignancy in remission
- Those who have received immunotherapy with agents such as checkpoint inhibitors may need longer
- HIV patients with >500 CD4 lymphocytes
- · Nutritional deficiencies
- Steroid inhalers, topical steroids, intra-articular, bursal, or tendon injection of steroids, or on high-dose steroids over a month ago

 $\frac{https://wwwnc.cdc.gov/travel/yellowbook/2022/travelers-with-additional-considerations/immunocompromised-travelers, Kotton, Kroger, Freedman (1998). The second control of th$

Host considerations: "Net state of immunosuppression" Dr. Robert Rubin, Massachusetts General Hospital

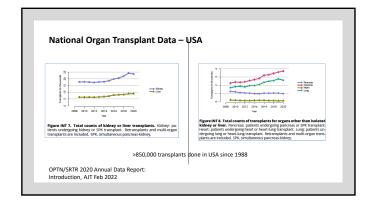
IMMUNOSUPPRESSION IS ADDITIVE

- Disease state may alter the immune system
 Autoimmune diseases
 Advanced organ failure
 Other organ compromise: kidney, liver
- Comorbidities/conditions
- Diabetes, obesity, malnutrition/weight loss
 Hypogammaglobulinemia
 Viral infections (HIV, CMV, EBV, HCV)
 Altered microbiome
 Advanced age

- · Exogenous immunosuppression
 - Pre-transplant immuno pression (i.e. autoimmune hepatitis)
 - Induction agents @ time of transplant Chronic immunosuppression Treatment of rejection

Speaker: Camille Kotton, MD

who received an organ from an HIV-negative donor in the United States



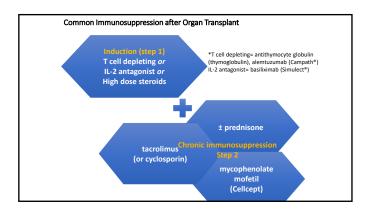
What's Trendy? (Might be on boards?) Hepatitis C Donors and Organ Transplant

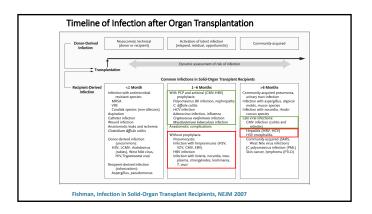
- Many programs are using hepatitis C positive donors into negative or positive recipients and treating after transplant
 - Yes, we are infecting people with hepatitis C
- Can be either HCV viral load and/or antibody positive
- For all organs, ~100% clearance
- Was often research protocol, now moving towards standard of care
- Need to have a good plan for medications (insurance)
- Trend towards shorter treatment protocols

Longer-Term Outcomes of HIV-Positive—to—HIV-Positive Renal Transplantation, Selhorst, Muller et al, NEJM 2018 1. n=51 1. 8 patients (16%) died after transplantation from nongraft-related causes 1. No transmission of drug resistant virus 1. 5-year overall survival and graft survival similar to the 3-year overall survival and graft survival observed among HIV-positive patients

HIV Organ Policy Equity (HOPE) Act: USA

- Permits donated, HIV-positive organs to be used for transplantation in HIV-positive patients
- Previously prohibited by federal law
- An active program at multiple centers
 - Research setting only
- +/- Half of organ donors have false positive testing
 - Screening test positive, confirmatory test (done later, takes time) negative

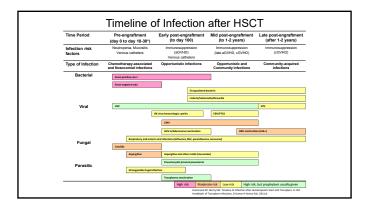




Speaker: Camille Kotton, MD

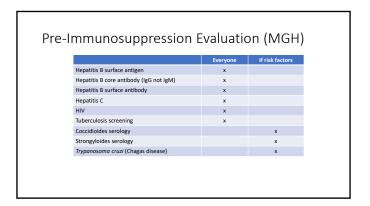
Common Immunosuppression after Stem Cell Transplant

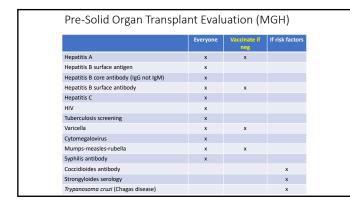
- Chemotherapy
- Anti-graft versus host disease prophylaxis
 - Tacrolimus, cyclosporin
 - Methotrexate
 - Mycophenolate mofetil
 - Antithymocyte globulin (rabbit)
- Anti-graft versus host disease treatment
 - The first-line treatment of acute GVHD is methylprednisolone

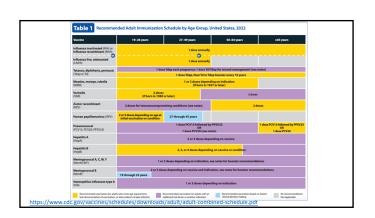


Prevention & Prophylaxis

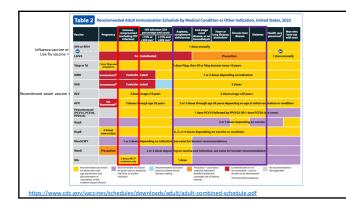
- Pre-immunosuppression evaluation**
 - Vaccines
 - Screening for latent infections
 - · Plan for chronic infections
 - Optimize diabetes, stop smoking/marijuana use, etc
 - Education
- Management: peritransplant/initiation of immunomodulatory
- Prophylaxis and/or screening after transplant/immunomodulatory therapy started







Speaker: Camille Kotton, MD



CDC: Who Should Get Tested for TB

- TB tests are generally not needed for people with a low risk of infection
- Certain people should be tested for TB bacteria because they are more likely to get TB disease, including:

 - People who have spent time with someone who has TB disease
 People with HIV infection or another medical problem that weakens the immune
 - · People who have symptoms of TB disease (fever, night sweats, cough, and weight

 - People from a country where TB disease is common (most countries in Latin America, the Caribbean, Africa, Asia, Eastern Europe, and Russia)
 People who live or work somewhere in the US where TB disease is more common
 - (homeless shelters, prison or jails, or some nursing homes)
 - People who use illegal drugs

Latent TB Screening

- Medical history
- Epidemiologic risk factors
- TB skin test (TST)
- Interferon gamma release assay (IGRA) (blood test) (sometimes preferentially vs TST, IDSA guidelines 2016)
 - T-SPOT.®TB
 - QuantiFERON®-TB Gold
- Radiographic findings
 - · Old granulomatous disease, apical scarring

T-SPOT.®TB and QuantiFERON®-TB Gold

- Enumerates effector T-cell response to stimulation with a combination of peptides simulating ESAT-6 and CFP10 (+ TB7.7 for QFN) antigens
- · Detects prior exposure to:
- M. tuberculosis complex organisms (M. tuberculosis, M. bovis, M. africanum, M. microti, M. canetti)
 M. kansasii, M. szulgai, and M. marinum
- Not + with prior BCG vaccine (bacille Calmette-Guérin)
- · Interpret test correctly:
 - If either test or PPD positive, take as positive
 - Borderline results = partway b/w + and negative
 - · Indeterminate results = assay did not work

Your patient has latent TB. Should and when should you start chemoprophylaxis? When can immunosuppressive medications be

- A. Start TB chemoprophylaxis ASAP as per guidelines. (Ensure no active TB, pulmonary or extrapulmonary.) Can start immunosuppression any time.
- B. Avoid TB chemoprophylaxis. Too many side effects, and too much hassle.
- C. Most of my patients had BCG vaccine as children, and test false + as older adults. I don't give TB chemoprophylaxis.

Your patient has latent TB. Should and when should you start chemoprophylaxis? When can immunosuppressive medications be

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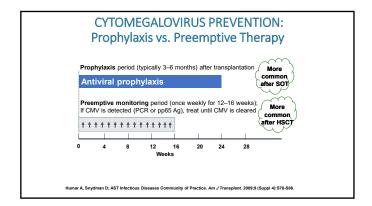
Speaker: Camille Kotton, MD

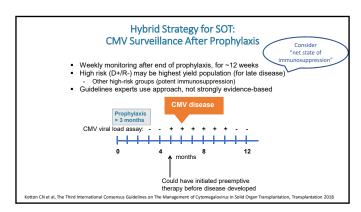
Excellent Prophylaxis is Paramount... and provides important clues on boards questions

- Antivirals
- Pneumocystis/Toxoplasmosis
- Antifungals

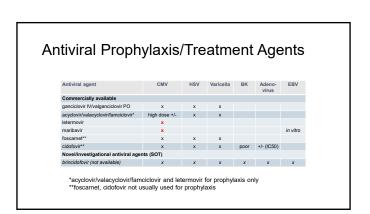
Prophylaxis: Solid Organ Transplant Massachusetts General Hospital CMV/Herpes Antiviral Prophylaxis • Valganciclovir if any CMV risk (if either donor and/or recipient are CMV positive) • Prevents CMV, herpes, varicella/zoster • Acyclovir/valacyclovir/farmir if no CMV risk • Prevents herpes, varicella/zoster • Duration varicella/zoster • Donor CMV Antibody Recipient CMV Antibody Prophylaxis Duration • + + Valganciclovir • Antithymocyte globulin and D+R·→ 6 months All others 3 months All others 3 months Anti-Pneumocystis/anti-bacterial • Trimethorprim-sulfamethoxazole x 6-12 months (longer for heart/lung transplants)

· or dapsone or atovaquone if true allergy





Antiviral Prophylaxis: Stem Cell Transplant Acyclovir/valacyclovir/famvir for everyone Prevents herpes, varicella/zoster Duration varies a lot across programs, 6-12+ months is common Letermovir x 100 days if higher CMV risk if recipient is CMV positive – opposite of solid organ (D-R+ is high risk after HSCT) Prevents CMV, NOT herpes, varicella/zoster Decreased mortality If small viral load "blips", carry on and retest a week later – only stop therapy If high blips (>1,000 IU/ml) Main side effect is cost with letermovir



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Pneumocystis/Toxoplasmosis

- · First line:
 - Bactrim SS daily or DS three times a week
- Second line (only if real Bactrim allergy or intolerance) alternatives:
 - · Atovaquone (Mepron) 1500 mg QD
 - Dapsone 100 mg QD
 - → G6PD
 watch for methemoglobinemia, low white blood cell count
 - Pentamidine IV q month (does not cover Toxoplasmosis)
- Duration variable, usually until end of PPx

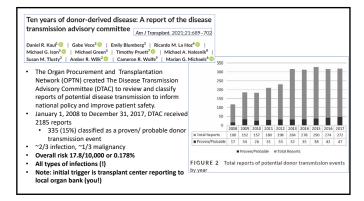
Antifungal Prophylaxis: Solid Organ Transplant				
	Organ	Common Practice	Comments	
	Kidney, liver, heart	None for most; some programs give fluconazole/echinocandins peri-liver	Some Nystatin swish and swallow	
	Pancreas	Fluconazole post-op for variable time, < 1 month		
	Lung	Voriconazole, posaconazole, itraconazole for variable times after transplant	Voriconazole and augmented skin cancer, osteitis risks a major concern	
	Intestinal transplant, Composite tissue	Often longer courses of fluconazole/echinocandins		
32				

Antifungal Prophylaxis: Hematopoietic Stem Cell Transplant

- Fluconazole often used in first 100 days after HSCT
 - · Generally for higher risk receipts
 - Classic population for *C. krusei,* R to fluconazole
- · Posaconazole generally reserved for higher risk patients
 - · Only FDA approved agent for this indication
- Voriconazole higher risk of mucormycosis seen

Sources of Infection after Transplant

- · Community-acquired
- Nosocomial
- Prior colonization
 - + Intraoperative Aspergillus culture w/ cystic fibrosis & lung transplant → OR 4.36 invasive aspergillosis (Luong et al, Transplantation 2014)
- Donor-derived infection
 - Organ graft, blood products

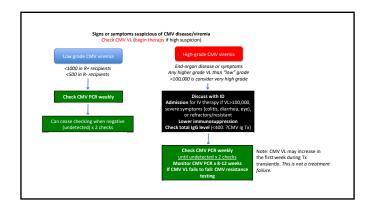


Syndromes

Speaker: Camille Kotton, MD

CMV: the most common pathogen after transplant, one of the "great masqueraders"

- Asymptomatic viremia**
- CMV syndrome
- End organ disease:
 - Colitis
 - Pneumonitis
 - · Retinitis
- Best diagnosed by CMV viral load
- Best treated with valganciclovir or ganciclovir IV
- Treat to resolution of infection and/or viral load - check weekly
- If low absolute lymphocyte count at end, consider secondary prophylaxis or monitoring





The Dreaded Pulmonary Nodule

For the boards (and clinical medicine), consider the prophylaxis and what's not

Let the prophylaxis and epidemiology drive your differential diagnosis

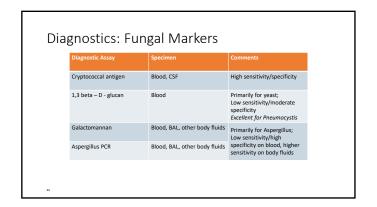
Who gets fungal infections?

- Post-solid organ transplant: Incidence of invasive fungal infections in the first year has been reported to be $3\%^1$
 - Candidiasis (sterile space), esp liver transplant*surgery
 - · Cryptococcal disease
 - Among most common causes of meningitis
 Invasive aspergillosis in 1-15%²
 - - Accounts for significant % of deaths in first year
 - Mortality dropping in recent times, however · Mucormycosis less common, higher mortality
- . Stem cell transplant: similar, longer risk if graft-vs-host disease
- Non-transplant immunocompromised hosts: less frequent/"net state of immunosuppression"
 - 1 Shoham S, Marr K. Invasive fungal infections in solid organ transplant recipients. Future Microbio 2012; 7(5): 639-655 2 Singh N, Husain S, Aspergillosis in Solid Organ Transplantation, AJT, 2013

Diagnostics

- - · Fungal stain and culture
 - Notify lab not to mince specimen if suspicion of mucormycosis
 - Fungal isolators (blood) very rarely +
 - · Candida will grow in routine cultures
 - Histoplasma better; lysis centrifugation isolators is best
- Septate (Aspergillus) vs non-septate (Mucor/Zygomycetes) hyphae
- · Grocott-Gomori's (or Gömöri) methenamine silver stain
- Periodic acid-Schiff (PAS)

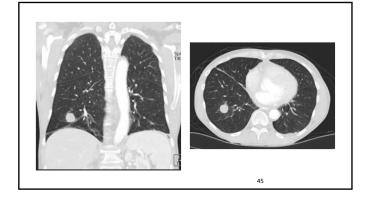
Speaker: Camille Kotton, MD

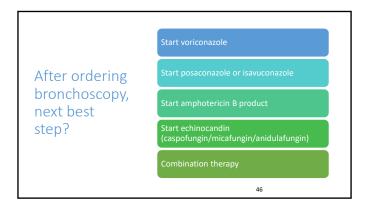


Clinical Vignette

- 54 yo woman with history of primary systemic AL amyloidosis, complicated by cardiac amyloidosis, treated cytoxan/bortezomib/dexamethasone initially, followed by lenalidomide/dexamethasone
- Orthotopic cardiac transplant Feb 2016
- Autologous stem cell transplant, Day 0=7/11/16.
- . CMV DNA VL on Day 0 was 29,800 IU/ml.
- · Neutropenic sepsis with a blood culture on Day 5 with Strep salivarius.
- Ongoing fevers, new 2 cm pulmonary nodule by CT on Day 18

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After ordering bronchoscopy, next best step?

Start echinocandin (caspofungin/micafungin/anidulafungin)

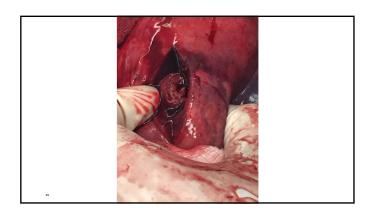
Combination therapy

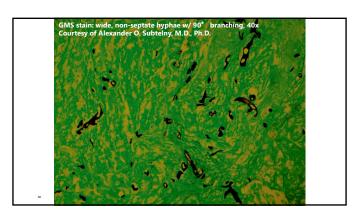
- "She has had a dry cough but denies any sputum production, chest pain, SOB or headache. She has felt very well, and was quite determined to be discharged in the next few days."
- Voriconazole started
- She was underwent bronchoscopy, radial EBUS, washings, brushings and transbronchial biopsy → nonseptate hyphae seen
- transbronchial biopsy → nonseptate hyphae s

 Diagnosis: likely Zygomycetes
- She was switched from voriconazole to dual antifungal therapy with loading of isavuconazole and Ambisome.
- Repeat CT scan performed 2 days later showed significant increase in size of the nodule with new satellite lesions. She proceeded to RLL resection that evening by the cardiothoracic surgeons.

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Speaker: Camille Kotton, MD





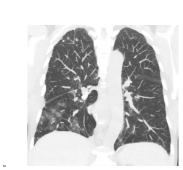
Very Rare RHIZOPUS SPECIES

SUSCEPTIBILITY Performed at UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER, Dept of Pathology, San Antonio, TX

MIC DILUTION METHOD No CLSI interpretive guidelines available

Amphotericin B MIC=1 Miconazole MIC=2 Posaconazole MIC=0.5

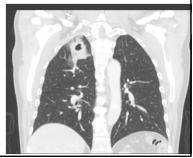
In view of this, Ambisome was stopped on POD #9 and isauuconazole converted to 372mg daily for months/indefinite, plan is for radiographic resolution, immune reconstitution (heart transplant immunosuppression is for life).



A year after transplant, she presented with disseminated zoster, new patchy infiltrates. Responded well to IV acyclovir.

What's This?

- Man in 50s diagnosed with multiple myeloma in 2011 → autologous stem cell transplant in March 2019.
- Due to disease progression in June 2020, he was treated with daratumumab and pomalidomide. He received radiation therapy to the thoracic and cervical spine.
- He consented to participate in a clinical trial protocol and underwent CAR infusion in January 2021. On fluconazole and acyclovir prophylaxis.
- Routine screening PET 4 months later "new thick walled multiloculated cavitary lesion in the right upper lobe with surrounding groundglass and clustered nodularity is concerning for infection, including bacterial as well as atypical and fungal infections in an immunocompromised patient". No symptoms at all



Epidemiology (ID fellow note)

- Outdoor exposures rare, walks outside with dog in rode, has stopped dirt biking/hiking with thrombocyto

- Occupational exposures Trace, was source with the property of Dob, currently working at home

 Hobbies mostly spending time at home right now

 Travel Frequent travel pre-pandemic for work, has been to Australia, multiple countries in Asia and Europe, never to Africa or South America.
- TB no history of TB or known TB exposures; homeless or incarcerated? Denies

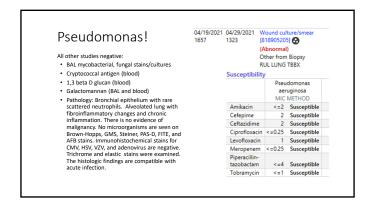
- To In instity or in our known in exposures, nonneiess or invarient enteur Denies
 Animals Dog
 Food raw or unpasteurized foods? Denies
 Dental work None recent, does have a wisdom tooth pressing on a facial nerve

- Smoking Denies
 Alcohol Denies
 Recreational drugs Denies
 Sex and prior STIs- Denies

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What would you do next?

- A. Start voriconazole, loading dose then maintenance based on weight
- B. Start "vancopime" (cefepime plus vancomycin)
- C. Start azithromycin
- D. A-C (all of the above)
- E. Bronchoscopy



Pneumonia

- 45yo s/p heart transplant 3 months earlier on posaconazole, atovaquone prophylaxis (not on TMP-SMX due to renal failure)
- New pneumonia, right middle lobe
- What is the cause?



Let's Switch to Parasites

Clinical Vignette

64yo man from Dominican Republic with end-stage liver disease, chronic abdominal pain, listed for liver transplant

- Eosinophilia (up to 70%) x 6 months
- · Recurrent enteric Gram negative rod bacteremias
- Fluffy pulmonary infiltrates
- · What does he have?

5

Test Results

Strongyloides Antibody by ELISA: 100.00

INTERPRETATION: POSITIVE

All reactions of <=1.7 units/ml should be considered NEGATIVE.

All reactions >1.7 units/ml should be considered POSITIVE, indicative of infection with Strongyloides stercoralis at some indeterminate time.

Sensitivity of the test is 93% and specificity is 98%.

Centers for Disease Control testing

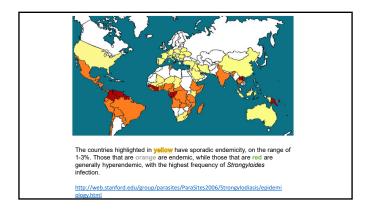
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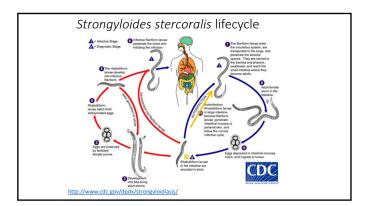
Speaker: Camille Kotton, MD

Strongyloides

- Nematode "roundworm"
- 100-200 million people worldwide are infected
- Autoinfection*
- >50% mortality immunocompromised patients with disseminated disease

lated disease





Drug Interactions: Transplant & Antimicrobials

- Azoles
- Voriconazole, posaconazole > fluconazole
- · Isavuconazole much less interaction
- Increase tacrolimus (or cyclosporine, rapamycin)
- Rifamycins
 - Rifabutin < rifampin (=rifampicin)
 - Decrease tacrolimus (or cyclosporine, rapamycin)
- Increase prednisone
- QT prolongationCombination effect
 - May be present with liver disease
- Recommended: Use of on-line drug interaction calculator

Cardinal Rules 2022: Immunosuppression and Infection

- 1. Immunosuppression and infections not always straightforward
- 2. Be prepared to be surprised think broadly
- 3. Prepare patient for immunosuppression role for ID specialists
- 4. Prophylaxis & vaccines alter the risk equation Primary and secondary prevention
- 5. Consider the source of infection: donor, recipient, blood products, geographic, more antibiotic resistance

Questions? ckotton@mgh.Harvard.edu

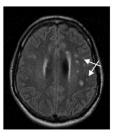
MASSACHUSETIS
GENERAL HOSPITAL
TRANSPLANT CENTER

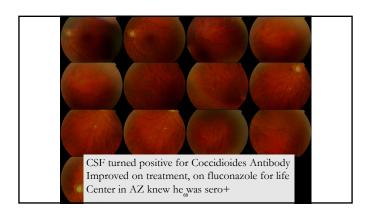
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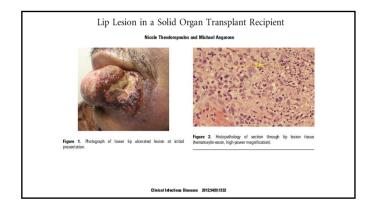
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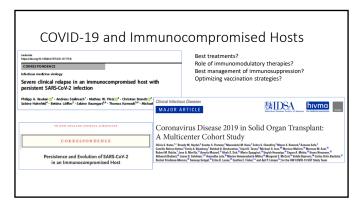
Meningoencephalitis after OLT

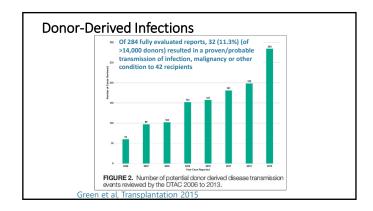
- 45yo man moved back home to Boston, cirrhosis/end stage liver disease
- 6 weeks after liver transplant, fevers, headache, seizure
- CSF glucose <20, protein 180, WBC 250 lymph predominant
- Started mycobacterial, fungal coverage

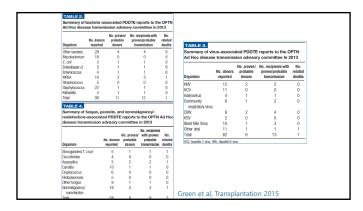




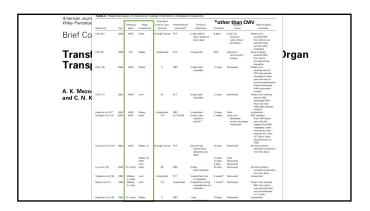








Speaker: Camille Kotton, MD



Testing for HBV Infection

- Testing for HBV infection (consisting of testing for HBV surface antigen, HBV surface antibody, and HBV core IgG antibody) is recommended for the following
 - persons born in countries of high and intermediate HBV endemicity (HBsAg prevalence ≥2%);
 - U.S.-born persons not vaccinated as infants whose parents were born in countries with high HBV endemicity (\geq 8%);
 - persons needing immunosuppressive therapy, including chemotherapy, immunosuppression related to organ transplantation, and immunosuppression for rheumatologic or gastroenterologic disorders; donors of blood, plasma, organs, tissues, or semen.

Prevention of Hepatitis B Virus Infection in the United States: Recommendations of the Advisory Committee on Immunization Practices, MMWR Jan 2018

HBV Levels of Risk - UpToDate

- Very high risk Patients are at very high risk of reactivation (>20 percent risk of reactivation) if they are HBsAg positive and are going to receive anti-CD20 therapy (ie, ritux/mah, ofatumumah, obinutuzumah) or undergo hematopoletic cell transplantation.
 High risk Patients are considered at high risk for reactivation (11 to 20 percent risk of reactivation) if they are HBsAg positive and are going to receive high-dose glucocorticoids (eg, ≥20 mg/day for at least four weeks) or the anti-CD52 agent, alemtuzumab.
- Moderate risk HBsAg-positive individuals are at moderate risk of reactivation (1 to 10 percent) if they are going to receive any of the following: cytotoxic chemotherapy without glucocorticoids; anti-TNF therapy; or anti-rejection therapy for solid

- Patients who are HBsAg negative and anti-HBc positive are at moderate risk for reactivation if they are going to receive anti-CD20 therapy or undergo hematopoietic cell transplantation.

 Low risk HBsAg-positive individuals are at low risk (<1 percent) for reactivation if they receive methortexate or azathoprine. HBsAg-negative and anti-HBc-positive individuals are at low risk if they receive high-dose glucocofticoids (eg, 220 mg/day) or the anti-CD52 agent alemtuzumab.

HBV Prevention Based on Levels of Risk -UpToDate

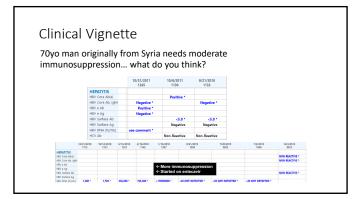
- "Moderate to very high risk We recommend that antiviral therapy be administered concurrently or prior to initiating immunosuppressive therapy to patients who are at moderate to very high risk of HBV reactivation. In such patients, we prefer preventive therapy, rather than waiting for evidence of reactivation, since studies in this population have demonstrated that antiviral therapy started after the onset of reactivation may not prevent a flare."
 - · Entecavir, tenofovir (not lamivudine)
- "Low risk or very low risk Among those at low risk or very low risk of reactivation, we perform frequent monitoring so that HBV reactivation can be detected early in its course and appropriate therapy can be initiated."

Feb 2021

Clinical Vignette

• 70yo man from Syria needs moderate immunosuppression... what do you think?





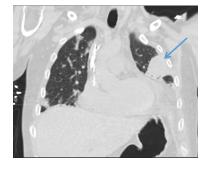
Speaker: Camille Kotton, MD

Approach to EBV monitoring

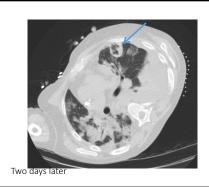
- Only routinely indicated in EBV seronegative recipients of a positive donor.
- EBV monitoring post-transplant is done to assess risk for PTLD.
- Screening with EBV PCR periodically (every 1-3 months) for 1 year post-transplant
- If viral load is positive, monitor every month, and if >5,000 or if persistent, reduce IS and consult transplant ID.

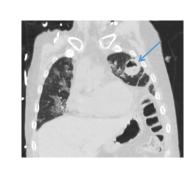
Clinical Vignette

- 36yo male, Type I diabetes, 3 months after kidney/pancreas transplant (on prednisone 5 mg/day, mycophenolate mofetil (Cellcept) 1000mg twice a day, tacrolimus 4 mg twice a day)
- Transferred with three days of worsening left sided abdominal and flank pain
- Chest CT findings concerning for necrotizing pneumonia/cavitating lesion.
- On valganciclovir and TMP/SMX prophylaxis
- Exam: jaundiced, cachectic, dull breath sounds at left base, crackles both lungs









Speaker: Camille Kotton, MD

Diagnostics

- Fungal markers all negative (blood)
 - 1,3 beta D glucan
 - Galactomannan antigen
 - Cryptococcal antigen
- Thoracentisis \rightarrow exudate, chest tube placed
- · Bronchoscopy, biopsy

What is the diagnosis?

- A. Aspergillu
- B. Mucormycosis
- C. Necrotizing Gram negative
- D. Mycobacterial (M. kansasii, etc)
- Nocardia

Culture Data

LEFT EFFUSION/PLEURAL FLUID (and BAL)
Gram Stain –abundant polys, moderate red
blood cells, few mononuclear cells, no
organisms seen

Fluid Culture - NOCARDIA NOVA COMPLEX, subspecies veterana

MIC DILUTION METHOD
Amikacin Susceptible
Amoxicillin/Clavulanate Susceptible
Ceftriaxone Intermediate
Ciprofloxacin Resistant
Clarithromycin Susceptible
Doxycycline Resistant
Impenem Susceptible

 Imipenem
 Susceptible

 Linezolid
 Susceptible

 Minocycline
 Intermediate

 Moxifloxacin
 Resistant

 Tobramycin
 Resistant

Treatment

- Brain CT negative for metastatic infection
- Imipenem + azithromycin until radiographic improvement**
- Markedly improved in first few days (?chest tube placement)
- Doing well at 6 months, double treatment stopped
- Will need long term secondary prophylaxis with TMP/SMX